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[www.outwardboundcroatia.com](http://www.outwardboundcroatia.com)

# Call for participants

## YOUTH EXCHANGE

# „Nature is future“

**12. 04. 2017 – 18. 04. 2017**

**27 participants from 5 countries**

**Czech Republic, Slovakia, Spain, Lithuania and Croatia**

**Veliki Žitnik, Croatia**





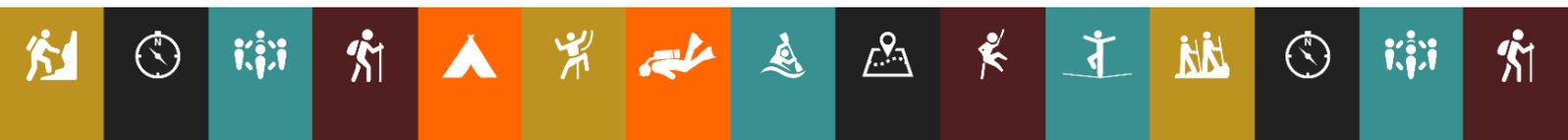
## About

The main topic of the project is about how to move in the nature, how to recognize and use natural resources such as plants and mushrooms for food, awareness about importance of preserving and protecting nature and about consciousness of the benefits spending time in nature has on the body – physically and mentally. Through outdoor activities, workshops in nature, sharing about importance of spending time in nature, and eating natural food, participant's attitudes toward healthy lifestyle and their healthy habits will develop.

Other important topic is to encourage and motivate participants to take initiative, develop their self-initiative, to be able to get active in the local community, to observe the community, recognize the issues and take steps to make changes that will contribute to environmentally conscious sustainable society. Participants will communicate with locals, share, discuss, observe, research and help to solve the recognized issues with the community service and later their own project back home.

## What will you do?

- share knowledge and experience of importance of living sustainably in harmony with the nature and our environment
- share knowledge and experience in using nature and our environment to have benefits on our body and our mind – our health and our personal development
- learn how to move in nature – navigation, using the compass, the map and the natural signs (sun, stars etc.)
- collect edible plants and mushrooms - how to recognize and responsibly use these natural resources in our diet
- raise awareness about importance of protecting natural areas that are still untouched – visit to Cave park Grabovača
- learn from local people and research in local community about environmental issues and sustainability in the area – visit to LAG Lika
- help the community to solve the issue – doing community service – such as cleaning the nature/forest, it will be participants choice what they will do
- plan a project to be implemented back home that participants will report about within 3 months after the YE
- learn about Erasmus+, Youthpasses, how to use them, develop ideas for future projects.





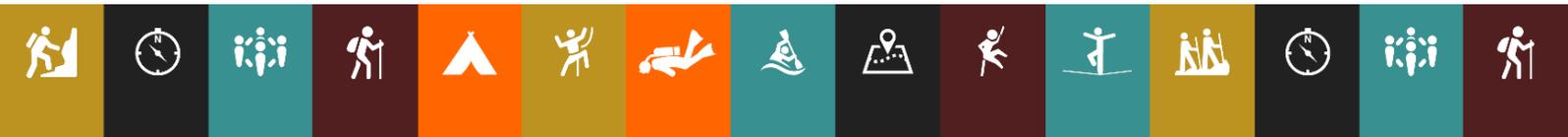
Participants should be ready to do a small project on their return back home sharing their experiences and promoting awareness about conscious living in harmony with nature in their local community – it can be a presentation in their organization in a local youth club, workshop in a local school – they choose the way they will do it and publish what they will do on the project's blog within 2 months after the youth exchange.

## Practical info

- **Arrival day: 12.4. by 2 p.m., Departure day: 18.4. after breakfast**
- We will be accommodated in a fully equipped educational centre of Outward Bound Croatia in a small village **Veliki Žitnik near Gospić:**

<http://www.outwardboundcroatia.com/galerija/nastavni-centar-veliki-zitnik/>

- Participants will sleep in two dormitory type sleeping areas with 15 beds in each





- **Meals** are organized by Outward Bound Croatia
- **Travelling costs** to be reimbursed are in the amount of tickets prices, by transferring the reimbursement to sending organization account, **reimbursement will be done by 15.7.2017:**

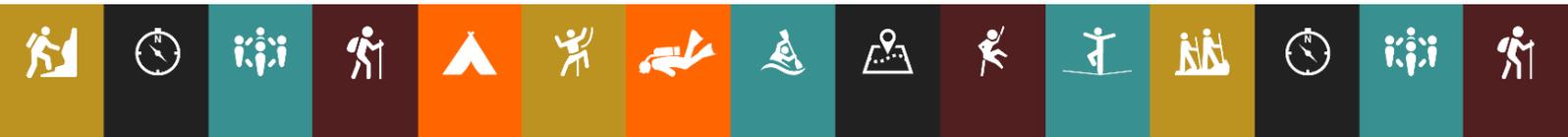
**Lithuania and Spain (500 - 1999 km): up to 170 € max per participant**

**Czech Republic and Slovakia (100 - 499 km): up to 80 € max per participant**

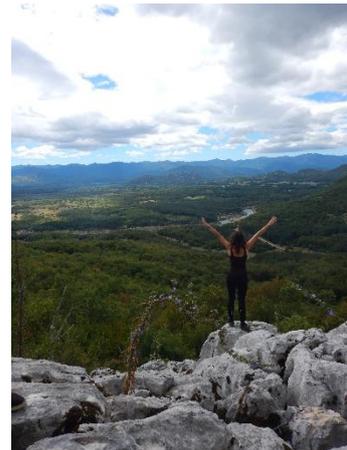
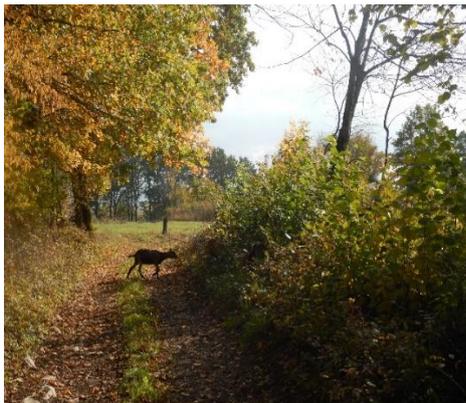
- Participants should bring their European Health Insurance Card and are recommended to take travel insurance.

**This is partly an outdoor program so participants should bring:**

- Outdoor clothes - comfortable sport clothes and sport shoes
- Personal medications (if needed)
- Personal things (towel, personal hygiene)
- Passport or other official identification



- Invoices and travel tickets
- Currency in Croatia is Croatian kunas – make sure to change your money
- Participation is 15 euro and is payed in cash on arrival to the project



## Applications

**Applications should be sent to: [tamara.lipnjak@hotmail.com](mailto:tamara.lipnjak@hotmail.com) until 1.2.2017**

4 participants should be between 14 and 25 years old and 1 team leader per national group can be older than 25. So each national team will consist of 4 participants and 1 team leader (Croatian consists of 6 participants and 1 team leader). We aim to include half of participants with geographical or economical obstacles.

**For any questions and information about the project and application process contact the sending organizations and contact persons:**

Outward Bound Croatia (Croatia, Tamara Lipnjak): [tamara.lipnjak@hotmail.com](mailto:tamara.lipnjak@hotmail.com)

Asociacija „Apkabink Europa“ (Lithuania, Donatas): [eurohugs@gmail.com](mailto:eurohugs@gmail.com)

Brno Connected z.s. (Czech R, Katerina): [brnoconnected@gmail.com](mailto:brnoconnected@gmail.com)

WeGo (Spain, Jordan): [wegospain@gmail.com](mailto:wegospain@gmail.com)

A.D.E.L. (Slovakia, Lucia): [info@adelslovakia.org](mailto:info@adelslovakia.org)





## About organizer

Outward Bound Croatia is a member of Outward Bound International whose experiential educational programs are recognized in over 30 countries around the world as a valuable enrichment of the classic school system. The main field of activity is organization and implementation of innovative outdoor programs for school children and youth. Learning through experience, challenge and adventure in a supportive environment are the principles we use to design and deliver programs with targeted outcomes like character development, leadership and service. We organize training courses, youth exchanges and EVS projects for youth supported by the Erasmus + and previously by the Youth in Action program.



Erasmus+

