Experiential Learning Youth Programme

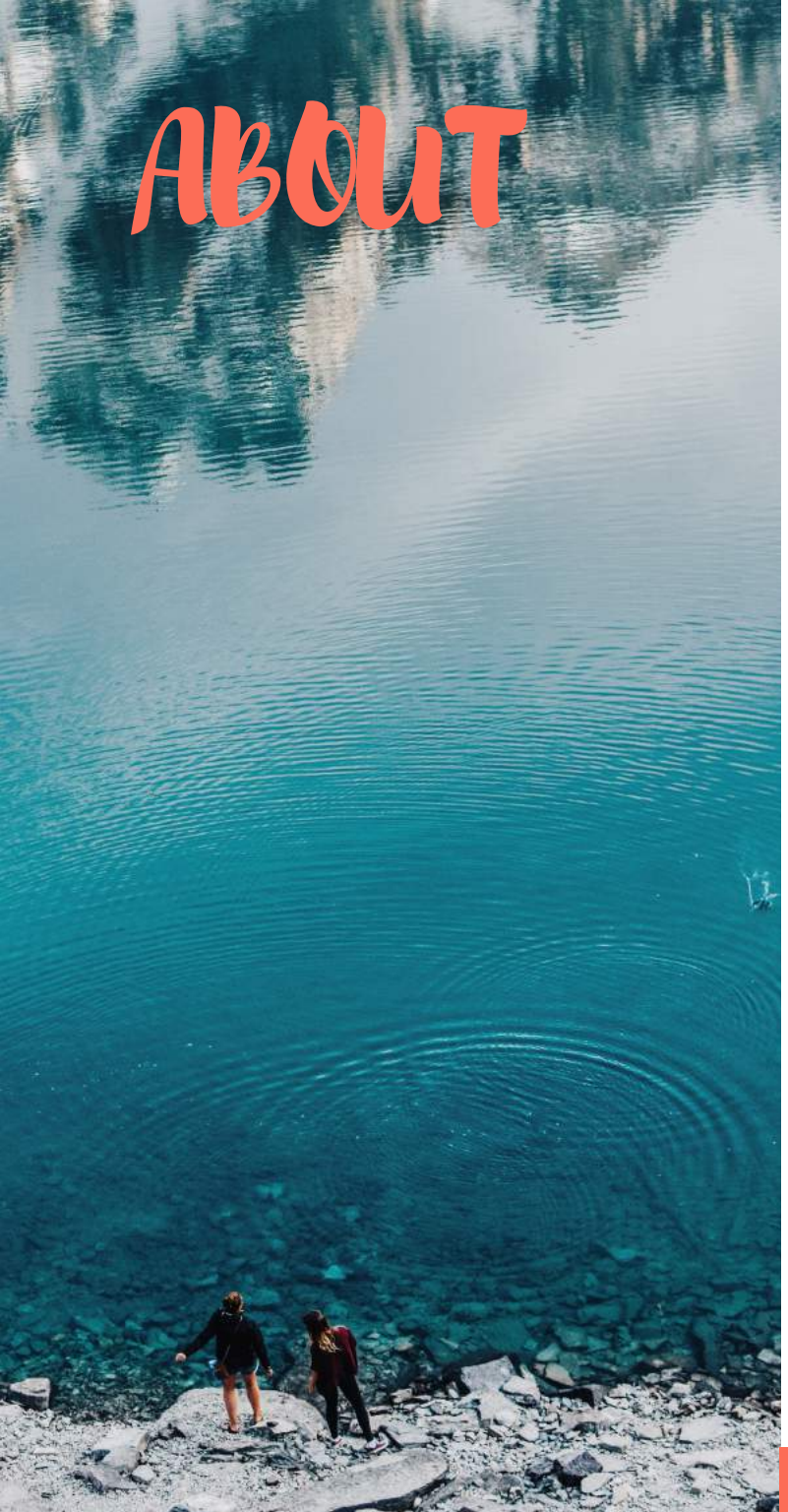
"CARE TO COMMUNICATE"

11. - 21.5. 2018

ADAMOV, CZECH REPUBLIC

BRNO CONNECTED

Erasmus+



ABOUT

Slow down. Listen to yourself.

Are you caring about the way you communicate with others?

Are you connecting with people around you in a meaningful way?

Are you allowing yourself to be vulnerable?

Are you called to listen more to your body and how you express through it?

Are you interested in exploring what getting closer to nature can lead to?

Are you aware of your language patterns?

Are you willing to dig deep into your way of communicating with others and explore how to make it more effective?

Are you in touch with what is meaningful for you?

In **Care to Communicate** you will have the context to explore the answers to this questions through an experiential learning approach in which you will be the creator of your own experience, guided by the facilitators and supported by the group.

Your individual learning process will take place in a safe space and in a community-oriented and group-supported environment.

THIS PROGRAMME IS FOR YOU IF:

- you resonate with the previous questions

- you are officially resident of Czech Republic, Spain, Greece, Romania, Macedonia or Bulgaria

- you are over 18 years old

- you are able to work in English

- you are highly motivated and willing to actively participate during an intensive 8-10 hours daily program full of experiences

PROGRAMME

Day 1	Connecting with each other
Day 2	Embodied communication
Day 3	Styles of communication
Day 4	Communication in a team
Day 5+6	Sharing is caring: workshops from participants
Day 7	Learning from the experience
Day 8	Communication with oneself
Day 9	Future applicability

Programme is preliminary and may change according to the needs of the group

METHODS

- Learning-by-challenge approach
- Body Awareness and Expression methods
- Nature-Based methods
- Community-Based approach
- Participatory Leadership
- Compassionate communication
- The way of Council
- ...+ Many more surprises!

FACILITATORS

BOB SONET (ES)

Bob creates non-formal education contexts in which meaningful learnings can take place. He has experience in holding space of projects focused on re-connecting with the nature, Contact Improvisation applied in youth work and gamification as a non-formal education tool, among others.

JORDAN HERREROS (ES)

Jordan is a facilitator who loves creating and facilitating experiential learning programmes for others. What drives his approach is to create a safe space for people where they can learn, connect with themselves and connect with the ones around them.

The facilitators will be supported by a small international team experienced in the methodology of the program.

VENUE

You will live together with all the other participants in a group accommodation at the **ecocentre Svycarna** (http://svycarna.eu/) that is situated 3km from the town of Adamov. The area is called Moravian Karst, which is one of the most important karst area of Central Europe.
It is in a remote area in a beautiful nature which provides peace and perfect conditions for calming one´s mind, concentrating and creating connections with others.
You will be **sharing rooms** in smaller groups of people (3-6); there are shared showers and toilets.
The accommodation is very simple; you will be taking part in light housework such as daily cleaning, dish washing, etc. The **house will be self-managed** by the group. It is part of our educational approach, as it encourages community spirit, responsibility and sharing

We will have meals 3 times a day prepared by the kitchen staff; smaller coffee breaks will be available during the day. The meals will be **vegetarian** (plant-based).
We have a **No alcohol policy** with intention to allow space for connection with yourself and with the ones around you
There is wireless wifi available.

COSTS AND FEES

This experiential learning youth programme is funded through the **Erasmus+ programme,** therefore accommodation, food, materials, the program and the travel costs up to the maximum allowed amount will be fully reimbursed.

Participant's contribution is 40€ per person and you pay it upon arrival.

(If you can´t afford to pay the fee, contact us and we will discuss individual agreements)

CONDITIONS OF REIMBURSEMENT

According to the rules of the Erasmus+ programme you can get your travel costs reimbursed up to amount stated in the table below, depending on the place you are travelling from and its distance. If your travel costs are lower or same as this amount, you get reimbursement of 100% of your real travel costs. If your travel costs are higher than the maximum reimbursable amount, the difference is covered by you. That's why we recommend to book your ticket as soon as you receive the confirmation letter, since they are often much cheaper when bought in advance.

To be eligible for reimbursement, we ask you to keep all your tickets, boarding passes and invoices (originals). ONLY if you have the travel tickets, boarding passes and invoices we are able to reimburse your travel costs!

We will only reimburse your travel cost if you participate in the whole training.
The reimbursement is done usually 1-2 months after the project, once you send us the originals of the tickets.

PARTNER ORGANISATIONS

Country	Organisation	E-mail	No. of participants	Max. amount reimbursed
Czech Republic	Brno Connected	brnoconnected@gmail.com	6	20€
Spain	WeGo	wegospain@gmail.com	6	275€
Greece	Synergy Flow	info.synergyflow@gmail.com	6	275€
Romania	Asociatia Synergy	contact@synergyforyou.ro	6	275€
Macedonia	YMCA Bitola	contact@ymcabitola.org.mk	6	275€
Bulgaria	YOUTHub	office@youthub.bg	6	275€

APLICATION

To apply, fill in the online application form, latest by the **10th March 2018.**

We ask you to fill in the application and answer ALL the questions in it.

CLICK HERE TO APPLY

SELECTION

The participants will be selected by sending organisations, in cooperation with Brno Connected.
Selection is done based on the profile and motivation of applicants.

CONFIRMATION

If you are accepted for the project you will receive a "Confirmation letter" with more practical information regarding the accommodation, the exact address of the venue and directions how to reach it.

PROGRAMME TIMEFRAME

ARRIVAL DAY:
11th May from 5pm until 7pm

START OF THE PROGRAMME:
12th May at 10am

END OF THE PROGRAMME:
20th May around 7pm

DEPARTURE DAY:
21st May until noon

We expect you to participate in the whole programme.
(It means coming later or leaving earlier is not allowed)

CONTACT

Brno Connected, z.s.
brnoconnected.cz
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PROJECT COORDINATOR AND CONTACT PERSON:
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This project is co-funded by the Erasmus+ programme of the European Union.
If you would like to find out more about the program, please visit
http://ec.europa.eu/programmes/erasmusplus