



International Learning Program

Ravnogor, Bulgaria,

2-11 July 2019

As children, we grow up believing that our home is permanent, something to go back to when it is needed. Home is usually associated with stability and certainty, which we many times miss in our young adult life. Our project, "Home is..." is designed to bring self-created certainty and stability to our lives. These are often believed to come from outside sources, however, it starts from the individual. We would like to invite You to share Your experiences connected to mobility and immobility, to rethink and retell your own personal stories and to define your concept of home.

If you want to learn how to keep a sense of belonging to a community and how to feel safe when your home, friends and memories are spread around different countries, this learning program is for You.



SMOKINYA

foundation

While dealing with this topic You will go through an intense and challenging personal development process what starts as a deep dive on the first day of the program, it finishes as a fly over the surface on the last day and it goes on when you are implementing the learnings at “home” in your personal and professional life after the program.

During the program we are dealing with topics and concepts of automatic behaviours, patterns, inclusion, cooperation, belonging, family and roots, and many more. If you are willing to learn and go for it, you will have the chance to expand your own limitations, maximize your creativity and create the results you were stopping yourself creating before. This all requires your full participation, commitment and openness to a specific approach.

In this infopack you find all the details about the youth exchange, the method, the venue, dates, target group, finances and information about how to apply to be part of it!



About the method



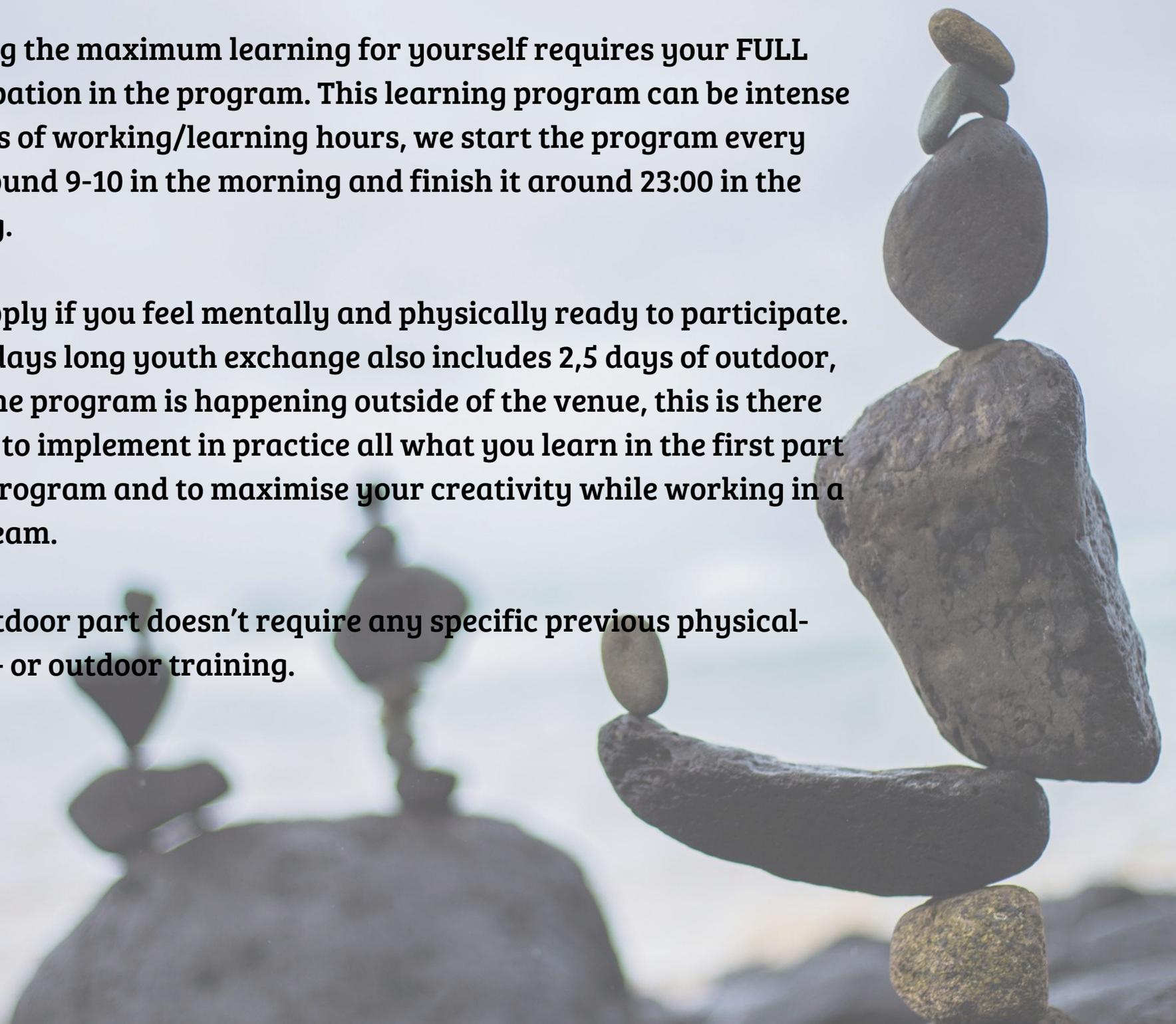
The method and the approach of this program has a long history. It comes from the late 60s and early 70s in California, then it passed through South Africa and Israel to reach Europe in several forms and shapes. In the 2000s the method was translated from the for-profit field into the non-for-profit field by a group of European youth workers from the Netherlands, Hungary and Greece.

15 years later, thousands of young people, youth workers, trainers, coaches, volunteers and people interested in their personal and professional development have participated in programs using the method. Programs are organised and implemented in the Netherlands, Hungary, Croatia, Czech Republic, Bulgaria, Italy, Romania, Slovakia, Lithuania, Austria. You can hear about “Basic synergy” and “Event wise” program, which are different in many ways, but most of the core processes are there in both, and the vision is the same: “To create a world that works for everyone out of love, care and cooperation”.

Creating the maximum learning for yourself requires your FULL participation in the program. This learning program can be intense in terms of working/learning hours, we start the program every day around 9-10 in the morning and finish it around 23:00 in the evening.

Only apply if you feel mentally and physically ready to participate. The 10 days long youth exchange also includes 2,5 days of outdoor, when the program is happening outside of the venue, this is there for you to implement in practice all what you learn in the first part of the program and to maximise your creativity while working in a small team.

The outdoor part doesn't require any specific previous physical-mental- or outdoor training.



Participants

Who?

Apply if you:

- are between 18-29 yo.
- feel attracted to this topic
- are willing to commit yourself to the program and to your own learning
- are a resident of Bulgaria, Czech Republic, Greece, Spain, Romania, Hungary
- can participate in the whole program from the beginning until the end

Team

Apply to be a team member / assistant if:

- you have done a Basic Synergy and/or Event Wise program in the past
- you are willing to support others' learning
- you are a resident of Bulgaria, Czech Republic, Greece, Spain, Romania, Hungary
- you join the team preparation one day before the program starts

Trainers



**Tihomir
Georgiev**

I was born in Bulgaria and over the years I discovered that origin is permanent, belonging is dynamic. I lived and worked in 5 countries, travelled to more than 10 and now my work and life make sense in Bulgaria - I am founder and director of Smokinya Foundation.

As a professional learner - what trainership is for me - my interests are in language and communication, body-expression, coaching and entrepreneurship. Besides this, I love bicycles, enjoy nature and always like to create and repair things with my hands.

I am originally from Hungary, moving and travelling around Europe in the past years, working with hundreds of young people as a trainer, and in the meantime also developing a social enterprise called ReCreativity. My main fields are sustainability, entrepreneurship, communication, and personal development. I deeply believe that each human being is beautiful in their own way, and I am grateful when I have the chance to “hold a mirror” to show this to them. I enjoy creating up-cycled design objects, colourful drawings and delicious meals



Anna Sipos

Where?

The program is going to take place in Bulgaria, Ravnogor which is a small village giving us the chance to focus on each other and on the program. You will be staying in BORYKA Hotel.

[Click here!](#)

When?

Arrival

Latest by 13:00 on 2nd of July

Departure

From the morning of 12th of July

Coming later and leaving earlier is not allowed. Apply only if you can participate in the whole program.

Costs



Co-funded by the
Erasmus+ Programme
of the European Union

This exchange is financed by the Erasmus+ program, however we ask you to contribute by paying 60 EUR participation contribution / person in order you to provide quality materials and equipment for learning.

This amount is paid by cash on the first day of the program in EUR. In case this amount is excessive for you contact us for options.

Travel reimbursement

We fully reimburse your travel costs after the youth exchange program if you provide all the original tickets and necessary invoices on time to Smokinya Foundation, the hosting organisation, and if you are within this limit of costs / person



180 EUR /
person for
Greece

360 EUR
/ person
for
Spain

275 EUR / person
for the Czech
Republic,
Hungary,
Romania

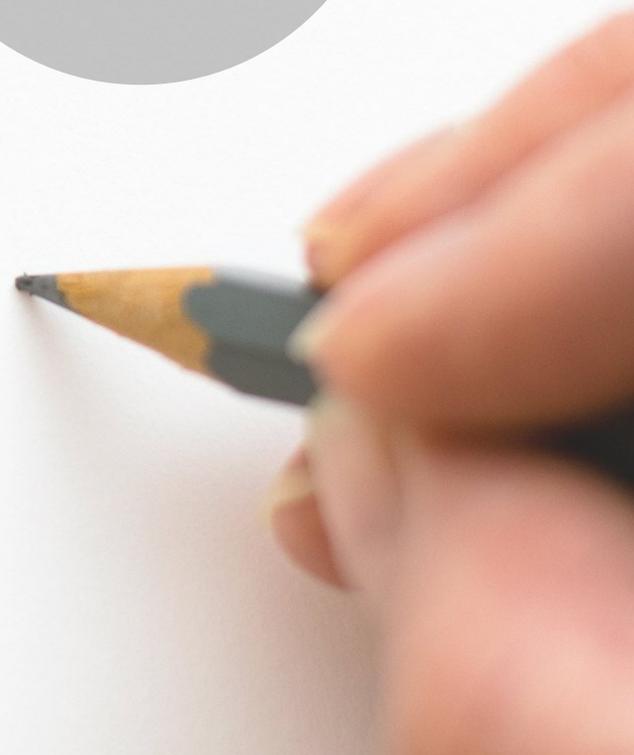
How to apply

If you decided to apply and take part in this program, fill in this application form and wait for the results.

In agreement with the partner organisations we confirm You as soon as we find your application relevant and fitting to the criteria - meaning the sooner You apply the sooner you can make sure that you are selected.

In any case, do NOT book any tickets before you get an official confirmation letter from Smokinya Foundation, from the e-mail address info@smokinya.com

Last day to apply: 30th of May 2019



**Apply
here!**



Welcome on board!

If you have any questions feel free to contact us at info@smokinya.com
and the sending organisation from your country!

Bulgaria
Smokinya Foundation
info@smokinya.com

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